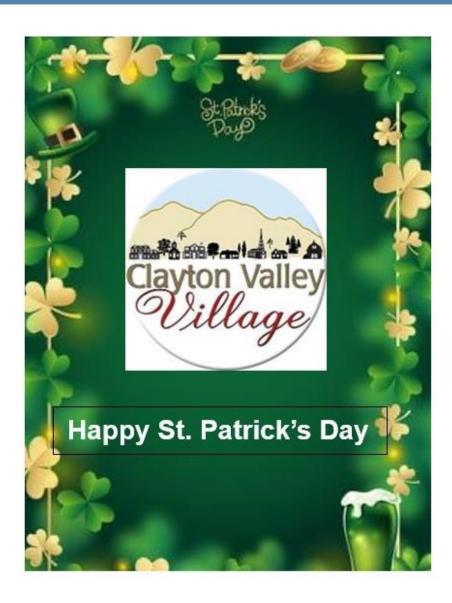


# A monthly publication of Clayton Valley Village March 2024 Edition

A Message from our President. Our Events held in February, upcoming Events, and lots more. Check out our Ads only \$25.00 and it goes out to 500 local residents. Contact us at <a href="mailto:village.clayton@gmail.com">village.clayton@gmail.com</a> to advertise in our newsletter.



#### AN IRISH BLESSING

May the road rise to meet you, May the wind be always at your back. May the sunshine warm upon your face, The rains fall soft upon your fields. And until we meet again, May God hold you in the palm of his hand. May God be with you and bless you: May you see your children's children. May you be poor in misfortune, rich in blessings. May you know nothing but happiness From this day forward. May the road rise up to meet you. May the wind be always at your back. May the warm rays of sun fall upon your home, And may the land of a friend always be near. May green be the grass you walk on, May blue be the skies above you, May pure be the joys that surround you, May true be the hearts that love you.

## **President's Message**



Joyce Atkinson

I hope you survived the February rains. My yard could almost be called a swamp. I know March will be drier and we will enjoy St. Pat's Day and Easter without umbrellas.

Don't miss taking part in the CVV activities. The Happy Hour at Love Thai was a success. The new interest group, Brown Bag Spinners is a fun group. Happy Trails is planning some exciting adventures and the Explorer's Group is hiking, weather permitting.

Be sure to introduce yourself to our three new members, Lorna Saylor, Kim Bernal and Rachel Streit when you see them at some of our functions.









Kim Bernal



Lorna Saylor



## **March Birthdays**

March 3<sup>rd</sup> – Janet Fox Member & Volunteer
March 4<sup>th</sup> – Judy Disbrow Member & Volunteer

March 6<sup>th</sup> — Sachiko Torok Member
March 14<sup>th</sup> — Marilyn Jessen Member
Machr 16<sup>th</sup> — Norma Meidberg Member
March 16<sup>th</sup> — Anne Stackhouse Volunteer
March 27<sup>th</sup> — Laurel Madal Volunteer





## Did You Know?

## Submitted by Mariana Behdjet

The word "night" in many languages is a derivation of "n"+ 8 ("eight")

English n+eight (night)
Spanish n+ocho (noche)
Portuguese n+oito (noite)
French n+huit (nuit)
German n+acht (nacht)
Italian n+otto (notte)

## IN MEMORY OF ROBERT HOYER 1921-2024 VALUABLE CVV MEMBER



Robert Hoyer, first mayor of Clayton, and a valued member of Clayton Valley Village passed away peacefully February 21, 2024, at the age of 102, only 20 days short of his next birthday. His son said that his dad mentioned earlier this year that he'd had a good life with good friends and family. Bob was able to attend his favorite activities with his friends up until about 3 weeks ago: Taco Tuesday at Moresi's Chop House, Wine-down Wednesday at LaVeranda, Thirsty Thursday at the Chop House and then Sunday dinners at various locations. He enjoyed walking around his Clayton property and in the Grove Park. Bob Hoyer was Clayton's founding father, and in 1964, with his wife Eldora, worked tirelessly in leading the efforts to incorporate Clayton. Hoyer Hall in the Clayton Library is named for them. Per Bob's request, no services are planned. If you wish to donate in Bob's honor, please consider donating to Clayton Historical Society, P. O. Box 94, Clayton, CA 94517.

## IN MEMORY OF CYNTHIA CARDINALE 1953-2024 VALUABLE CVV MEMBER



Cindy Cardinale of Concord, passed away on January 25th, at her Clayton residence. Cindy was born on March 6, 1953, to parents Elisa and Salvatore Drago. Cindy graduated from Concord High School in 1971. After high school Cindy worked at her family's delicatessen and spent many years in sales. Cindy had many hobbies, but her favorites were music, watching the Raiders and having a good time. Cindy was predeceased by her mother, father and sister Mary Anne Fagundes. She is survived by her daughter Julianna Cardinale, niece Michelle Mello as well as many great nieces and nephews. Services will be private.



Cleaning Tip by Fiona Hughes

Sharing a tip for cleaning fabrics, and upholstery using a foam cleaner called Tuff Stuff.

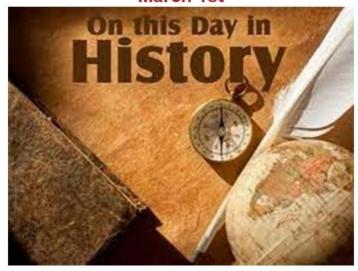
I started on my fabric-covered dining chairs, which had become very grimy over the years. Having shaken the Tuff Stuff can well, I applied the foam evenly over the entire chair cushion. Then left it for about a minute before scrubbing it with a bristle brush to release the dirt. Then, using a warm, damp cloth wiped over the surface thoroughly. Here's the difference on the first wipe!

Tuff Stuff can be bought from AutoZone or Ace Hardware for about \$7. It also did an excellent job cleaning a spill on the velvet couch cushions, and there's still plenty left in the can to tackle the truck upholstery tomorrow!





## March 1st





1932 - The infant son of American aviator <u>Charles A.</u> <u>Lindbergh</u> was abducted from his home, <u>Bruno</u> <u>Hauptmann</u> being later convicted of the <u>baby's</u> <u>kidnapping and murder</u>.



1936 - After five years of construction, the <u>Hoover Dam</u> on the <u>Colorado River</u> at the Arizona–Nevada border was completed; it is the highest concrete arch <u>dam</u> in the United States.



**1961** The <u>Peace Corps</u> was established by U.S.
President <u>John F. Kennedy</u> by means of his Peace Corps Act.



2005 - In a major <u>capital</u> <u>punishment</u> case, the <u>U.S.</u> <u>Supreme Court</u> ruled that it was unconstitutional to execute convicts who were under age 18 at the time of their crimes.



Do you want to make a difference in your community?

We're looking for motivated and enthusiastic volunteers to join the

Clayton Valley Village team! We offer flexible hours and a great opportunity to

give back and help those in need. If you're interested in making a positive impact, apply now!

Call 925-626-0411 or email village.clayton@gmail.com

Application Link: Volunteer Application

Clayton Valley Village Web Site: CVV Web Site

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# Upcoming Events

Wednesday, Mar 6th - Android Phone Training Wednesday, Mar 6th - CVV Bocce Spring League Mar 8th thru 17th - Clayton Theatre Performances Sunday, Mar 10th - Daylight Savings Begins Wednesday, Mar 13th - CVV Board Meeting Sunday, Mar 17th - Saint Patrick's Day Monday, Mar 18th - Romeo's - Skylar Bistro Tuesday, Mar 19th - First Day of Spring Tuesday, Mar 19th - CVV Happy Hour - New Lim's Garden Saturday, Mar 23rd - "Happy Trails" Travel Group Tuesday, Mar 26th – Brown Bag Spinners (Members & Volunteers) Wednesday, Mar 27th - Iphone Training Thursday, Mar 28th - Good Friday Friday, Mar 29th - CVV Events Committee Meeting Sunday, Mar 31st - Easter Sunday Sunday, Mar 31st - Cesar Chavez Day





## CVV's Annual Meeting was held February 4th

The room was filled for the meeting. Highlights of 2023 accomplishments were presented. We learned about CVV's mission, and plans for the coming year. Newcomers heard what CVV offers their members. Many were surprised by the volume of work performed behind the scenes, by our own people, who spend countless hours using their professional talents to make CVV run smoothly.







Member Lynn Hadley gave a touching medley of examples of how CVV has become her family, enjoying fun activities and getting much needed help from people she knows and trusts. Volunteer Linda Pinder told us how rewarding it is to get out of the house and help people.

The 2024 board was introduced and welcomed. Acknowledgements and gifts were awarded to show appreciation for those who went above and beyond in 2023.



## CVV Q1 Birthday Celebration - Feb 9th

The birthday lunch was enjoyed by all, and graciously hosted by Candy, and helpers Linda Garden, Bhishma and Fiona.



## CVV Explorers Hike - Lafayette Reservoir - Feb 12th



We had a good hike around the Lafayette Reservoir. We saw white pelicans on the water, lots of folks out walking their dogs, and the weather was just right and no rain!

We are hoping to walk on Mt. Diablo in April to see the spring wildflowers.

## ROMEO's Lunch at Ed's Mudville Grill - Feb 23rd



## Happy Hour - Love Thai - Feb 20th

## 17 Guest's enjoyed a sampling of Thai dishes



**Appetizers** 

Soup

Salad

Barbecue

Entree

Curry



Fried Rice & Noodle

Seafood Specialty

Chef

Recommendations

Sides

Dessert

Drinks





# Save the Date!



When: Tuesday, Mar 19th - 4:00 PM Where: New Lim's Garden Restaurant 4340 Clayton RD, Concord, CA Register by Fri Mar 15<sup>th.</sup>

https://claytonvalley.helpfulvillage.com/events/3126 Call/Text 925-626-0411 or Email village.clayton@gmail.com

Join us for our fun-filled March Mixer, socialize with members and volunteers and if you are new to the Village Movement, discover how you can benefit from becoming a member and/or a volunteer. We invite you to join Clayton Valley Village for a memorable dining experience at The New Lim's Garden.

The March 19 CVV Happy Hour will be at NEW LIM'S GARDEN, 4340 Clayton Road, Concord. Please bring CASH in order to be given separate checks. The full menu will be available to us! Please register on our Events calendar

Check out our web page https://www.claytonvallevvillage.org/



#### CLAYTON VALLEY VILLAGE<sup>\*</sup>

INVITES YOU

TO A

## VILLAGE PROGRAM

FOR SENIORS



#### California Connect

Communicate Your Way

www.CaliforniaPhones.org

## ANDROID CLASS

Having difficulty with your cellular phone?

Contessa Bunn, Field Operations Specialist from California Connect will present a free training and make your android cell phone work better for you. Learn how to make your phone easier to hear, send text messages, connect bluetooth devices and much more (Please, no iPhones at this time.)

WEDNESDAY, MARCH 6, 2024, 1:30 - 3:30 PM

(Please arrive 15 minutes early to complete registration form.)

CLAYTON COMMUNITY LIBRARY STORY ROOM 6125 Clayton Road, Clayton

Space is Limited
Reservations required: www.ClaytonValleyVillage.org
Or (925) 626-0411
Reservation deadline: March 1, 2023

\*Clayton Valley Village, founded in 2014, is a membership-based, member-driven, 501c3 non-profit organization of seniors living in Clayton and Concord, California. Committed to helping our members live independently in their own homes as they age, we provide transportation and an array of home-based services for our members through our volunteer network. We also sponsor social and cultural activities to minimize isolation and promote interaction.



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IPHONE CLASS

Communicate Your Way

Having difficulty with your cellular phone?

www.CaliforniaPhones.org

Contessa Bunn, Field Operations Specialist from California Connect will present a free training and make your iPhone work better for you. Learn how to make your phone easier to hear, send text messages, connect bluetooth devices and much more (Please, no android phones at this time.)

WEDNESDAY, MARCH 27, 2024, 1:30 - 3:30 PM

(Please arrive 15 minutes early to complete registration form.)

CLAYTON COMMUNITY LIBRARY STORY ROOM 6125 Clayton Road, Clayton

Space is Limited
Reservations required: www.ClaytonValleyVillage.org
Or (925) 626-0411
Reservation deadline: March 22, 2024

\*Clayton Valley Village, founded in 2014, is a membership-based, member-driven, 501c3 non-profit organization of seniors living in Clayton and Concord, California. Committed to helping our members live independently in their own homes as they age, we provide transportation and an array of home-based services for our members through our volunteer network. We also sponsor social and cultural activities to minimize isolation and promote interaction.



### Paying it forward - In our own community - by Beverly Adams

We had some food and clothes to donate. I remembered hearing of someone feeding a dozen homeless in the parking lot behind Huckleberry's a few years ago. After searching the internet, I was amazed to find that Kelly, who started that act of kindness, has now grown it into an amazing non-profit providing invaluable services to our unhoused community. They even opened doors to resources that offer services including physical and mental care.

Pete and I had the pleasure of speaking with co-founder Andie, when she came by to pick up our donations. She told us how they formed a network of support with local grocery stores, parks, motels, and volunteers eager to help.

Their website is easy to use if you want to request pickup, or donate much needed money and supplies, using a GoFundMe button and an Amazon Wish List button.

For questions or assistance email me at bevadams333@yahoo.com

Here's a sample of what you'll find on their website: <a href="https://www.growconcord.com">https://www.growconcord.com</a>



Hot Meals
Weekly Showers
Laundry
Pet Care
Clothing & Camping Supplies

Vehicle Supplies





It is so easy to fall into a pattern of apathy as we go through our lives. GROW was born out of a commitment to work hard to resolve homelessness and stop passing over the real issues of our unhoused friends. and deal with them head on. We have set out to aid those who need it most.

GROW is here to help, and we believe that change is possible when we put our hearts and minds to it.



#### Quote of the Month

"Those who bring sunshine to the lives of others cannot keep it from themselves."

- J.M. Barrie

#### 2024 CVV Board of Directors

#### Executive Committee:

Joyce Atkinson (President), Marilyn Wollenweber (Past-President)
Arlene Lewandowski (Secretary), Joanne Wasak (Treasurer)
Members-at-Large Anita Stranik & Maria Xiaris
Volunteer Representative Members, Linda Pinder, Margaret Bachman

Our Village Voice is a free, electronic publication of Clayton Valley Village
Co-Editors: Diane Berger and Bev Adams Email: <a href="mailto:village.clayton@gmail.com">village.clayton@gmail.com</a>
The editors welcome all submissions and reserve the right to include or edit all material.
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Submissions, Questions or Comments about

Clayton Valley Village or Our Voice Newsletter: 925-626-0411



