

Our Village VOICE

A monthly publication of Clayton Valley Village (January 2019 Edition)

Welcome to our January 2019 Newsletter





CALLING ALL MEMBERS & VOLUNTEERS

2nd Annual Meeting of Clayton Valley Village, Inc.

Thursday, January 17, 2019 6:00-8:00 pm

Hoyer Hall at Clayton Library

**WEAR YOUR T-SHIRTS AND NAME TAGS
AND BE READY FOR GROUP PHOTOS TO BE TAKEN**

Each member and volunteer attending the meeting will be given a ticket to win a special door prize donated by one of our generous CVV Sponsors

AGENDA

Approval of Minutes of 1st Annual Meeting (11/17/18)

Treasurer's Report

Approval of Budget for 2019

Installation and Introduction of 2019 Board of Directors

Introduction of Committee Chairs

Sneak Peek at the new CVV Website

Tech data report highlights

Interest groups reports & highlights

Member Services and Volunteers Reports

"Adopt a Family" Program Report - 3rd year

Update of Village Movement California

Update of National Village to Village Network

BRAVO meeting (Bay Region Villages) 1/30/19

Share stories by Members and Volunteers

Light refreshments will be provided



New Vetting Process for Board Members and Volunteers

CVV is switching to a new security screening company for 2019. All Board members and Volunteers will now be screened by "Intellicorp," a company vetted and recommended by our two insurance agencies. Further information will be announced at our annual meeting, but all members should be assured that this transition will be virtually invisible to most. Your Board is continuing to keep safety and security as a top priority.

Did You Know?

How to Remove Water Stains from Wood? TOOTHPASTE!



A inexpensive stain-remover that is readily available in every household is toothpaste. Toothpaste can cost as little as \$1, so it's a great choice for those who don't want to buy specialty products. Simply rub some NON-GEL toothpaste onto the affected area with a soft cloth. Then wipe it away with a damp cloth and let the spot dry before completing the next step. After drying, apply a small amount of furniture polish.

**Easiest
Way
to Open
a Stuck
Jar Lid**



**Wrap
it in
Rubber
Bands!**

This method is similar to using a gripping tool, but instead of a rubber jar opener you are using rubber bands to get a better handle on the lid. For this method, take a few thick rubber bands and wrap them around the lid. This gives you something to hold onto that isn't the smooth lid, and makes the jar easier to grip and open.

You Can Ask a Volunteer!

It is recommended that each year when you set your clocks back for daylight savings that you also check the batteries in you smoke detectors and carbon monoxide detectors. Your group of volunteers can do this for you. All you gotta do is call.

President's Message



by Sonja Wilkin

Approaching the end of 2018, I began to enumerate the many accomplishments by Clayton Valley Village for the year.... I found the list pretty impressive and am summarizing many of them:

1. Social: 10 mixers, 1 Fundraiser Supper and Silent Auction; 10 movie outings, 3 "Out to Lunch Bunch" outings, 2 Bocce Teams for Spring and Summer playing.

2. Educational: 6 Lunch 'n Learn programs with other Contra Costa Villages (Diablo Valley Villages (DVV) of Lamorinda, Walnut Creek and Clayton), 12 Savvy Seniors seminars in Lafayette sponsored by DVV.

3. Outreach:

- Redesigned monthly publication of "Our Village Voice"
- Weekly Email Blasts covering CVV news and upcoming events
- Complete redesign of CVV website to be launched in January
- Table with 6 other villages at "UC Berkeley Retirement Seminar"
- DVV Table at Seminar for Professional Women, San Ramon
- DVV Table at "Our Aging Nation" in Pleasant Hill
- Clayton July 4th Parade - our 5th annual entry
- Helped Clayton-Concord Sunrise Rotary with July 4th Pancake Breakfast.
- Volunteer help for CBCA Art & Wine Festival and Oktoberfest
- Promotional tables at CBCA Rib Cook-Off and at InShape

4. Regional, State, National Participation

- Local presentations and annual meeting
- BRAVO (Bay Regional Area Villages Organization);
- VMC (Village Movement CA formed in 2018);
- VTV (Village to Village Network, national organization formed 2001)
- - Conferences and forums throughout the year

5. Service Requests Completed (131) handled by Volunteers (18)

6. Ongoing Committee Meetings: Board of Directors, Events, Member Services, Tech, Outreach, Village2Village.

7. Ad-hoc Committee Meetings: **Nomination committee** met and came up with a slate of candidates for the 2019 Board. They also recommended that the board of directors be increased to 11 members. This was voted on and approved by the Board at their December meeting. The new board will be introduced and installed at the January Annual Membership Meeting.

President's Message Cont.

WHAT DOES IT ALL MEAN??

The above are the "hard facts" and the result of hours of hard work and dedication given by our members and volunteers. They have all put in their time, effort and skills and believe in the message that Village Movement California is using: Aging Better - Actively building a community that embraces connections, caring, and choices in how we live and thrive.

It is comforting to know that you can have a whole Village around you just like an insurance policy in case of unexpected happenings in life that require extra assistance of more people with whom to connect and form friendships. Clayton Valley Village is here not only for now but for the generations to follow.. it is a very important piece in our journey that is being recognized across our own and other countries. Help us sustain the vision and advocate at our local, state and national governments with a unified message. We hope to see continued growth in our number of members, volunteers, and supporters for all the Villages!

**Happy New Year to all with warm wishes for good health and joy,
Sonja**

Upcoming Events for January 2019

Sat., Jan 5: CVV Members & Volunteer Holiday Party

Tues., Jan 8th Board of Directors Meeting

Tues., Jan 15th: CVV Mixer @ Mona's Burgers

Thurs., Jan 17th: CVV Annual Meeting

Wed., Jan. 30, BRAVO Meeting in Lafayette

For additional information about these events and more, click the link below:

https://claytonvalley.helpfulvillage.com/events/index_list

Adopt-a-Family Program CVV Supporting the Community

by Fiona Hughes

**Making a List...Checking it twice
Deliver Gifts to our Adopt A Family 2018. Done!**

Each year St. Boneventure Church and CVV collaborate on an Adopt-a-Family Program to make the Christmas holiday special for a family who lives in the area. This year the Bactor family, who relocated to the area from Egypt, was chosen. They have three girls, Sandy-14, Sandra-11 and Simoun-5.



CVV volunteer Shirley Izard carefully compiled the family's wish list, with each person's name, size of clothing and age. The two older girls each had a special request of a mini Polaroid camera. Diane Berger distributed the details to CVV members, who came through with enough money to purchase the two cameras as well as donating clothes and other items on the family's wish list. The gifts were collected and stored at the home of CVV member Betty Armes, whose garage soon began to look like Santa's workshop as stockings were filled and packages were wrapped and labeled by members and volunteers.

CVV President Sonja Wilkin collected donations of ornaments and lights from CVV members and delivered them to Diana Teggy from St. Bonaventure who acquired a tree. The tree and ornaments were delivered to the family during the week of December 10.



Then on December 20, Jim Whitfield and Fiona Hughes from CVV surprised the Bactor family with a carload of wrapped gifts to place under the tree. Also donating gifts at the same time were Diane and Elli with St. Vincent de Paul.

Adopt-a-Family Program



Jim & Betty Loading
the car!

Jim & Fiona delivering
the gifts!

The Bactor Family

The Bactors are a devout Orthodox Christian family who left their hometown of Cairo, Egypt, five years ago to make a new life in the United States. We enjoyed having a chance to visit with the family. Sandy (14) explained she's busy taking finals this week at high school. She is fond of dance and practices a Tunisian style dance. Sandra (11) loves to paint and draw, and plans to hang out with friends over the Christmas holiday. Mom, Abeer, plans to make a traditional turkey for Christmas dinner, accompanied by their favorite Egyptian side dishes. The family asked that we thank everyone at Clayton Valley Village for their generous gifts.

**Thanks all, for making this an especially Merry Christmas
for the Bactor family!**

CVV Past Events

CVV members had a great time learning how to decorate exquisite holiday cookies with CVV member and professional cookie decorator, Arlene Lewandowski.

CVV Cookie Decorating Workshop Hosted by Arlene Lewandowski December 7, 2018



Clayton Valley Village December 18th Mixer

Our last mixer for the year was held at Mann's Chinese Restaurant where 15 of us enjoyed bountiful Chinese cuisine and great company.



Members on the GO CVV TRAVELOGUE

Diane Berger's Family Trip

My family went to Yosemite to celebrate my sister's 70th birthday, I had not been there in over 30 years and it was so much fun to go back. We did lots of sightseeing and enjoying the beauty of everything around us. One of the things we enjoyed doing was watching the mountain climbers. We would all sit there and try to figure out where exactly on the mountain they were. We had a fabulous dinner at the Ahwahnee which is now called the Majestic Yosemite Hotel -- excellent food, wine and service. I highly recommend, if you have never been there, go and experience it.



Standing & Ad Hoc Committees

2019 CVV Board of Directors

Executive Committee:

Jim Whitfield (President), Sonja Wilkin (Past-President), Kathy Geddes (VP/President Elect),
Sue Manning (Secretary), Joanne Wasak (Treasurer)

Members-at-Large

Diane Berger, Carol Hansen Grey, Mary Esther Loranger, Marilyn Wollenweber

Volunteer Representative Members

Pete Bardea, Fiona Hughes

- The CVV **Events Committee** meets on the last Friday of the month between 1-3 pm and we welcome anyone to our hardworking team! We enjoy our meetings and the satisfaction of pitching in to make sure our events run smoothly.
- The CVV **Tech Committee** meets on the first Wednesday of the month and also participates in the monthly 3-Village Tech meeting and the HV Users group.
- The CVV **Member Services Committee** meets on the second Thursday of the month.

Our Village Voice is a free, electronic publication of Clayton Valley Village.

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The editors welcome all submissions and reserve the right to include or edit all material. Unless otherwise specified, other publications may reprint any material herein with proper attribution.

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www.claytonvalleyvillage.org

Submissions, Questions or Comments about

Clayton Valley Village or Our Voice Newsletter

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