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Our Village VOICE

A monthly publication of Clayton Valley Village (May 2019 Edition)

Welcome to our May 2019 Newsletter

In this issue CVV is having a Community Information Gathering, read a message from our president, a reminder of the type of help you can get from our volunteers, find photos of our past events and news of our upcoming events, and information about our interest circles and committees. Enjoy!

Clayton Valley Village Volunteer Services



Minor plumbing, home repairs, landscaping, transportation

Members, do you need help with Spring Cleaning, Minor Plumbing, Home Repairs, Landscaping, Transportation? Whatever it is you need; your volunteers are here to help you. And... It is so easy to get help. Just follow one of the steps below:

1. You can call the Clayton Valley Village phone ((925) 626-0411) and leave a message or you can email us at village.clayton@gmail.com to let us know that you want to submit a Service Request and what it is for. One of our call managers will call you back.
2. Or, you can log in to the CVV website (www.claytonvalleyvillage.org) and fill out a service request on your own. The rule of thumb is a 3-day lead time for your request, but we will consider emergency requests.

Instructions for filling out a Service Request

1. Login at the CVV website with your ID and Password (NOTE: *If you do not have an ID or PW please call us at the above number and we will send you an email on how to setup your ID and PW.*)
2. Click on Members
3. Click on New Service Request
4. Search Name: Type in your name, Click on your name in the list below.

5. Type of Service: Click, scroll down till you find the serviced needed and click it on.
 6. Purpose: Type in purpose (ie., Doctor Appointment, Grocery Store, Landscaping Help, etc.)
 7. Service Date: Type in date of Service or select from calendar.
 8. Service Time: Click on time and scroll down to enter correct time. (NOTE: Make sure you change this time, from 9:00 AM to correct time. The default is 9:00AM and if used on your request when the nightly process is run, the request will be marked as a past due and an email will not go out to volunteer.
 9. Flexible Date: Check if flexible
 10. Flexible Time: Check if flexible
 11. Is there an appointment time: Click box and type in the appointment time
 12. Approx duration: Type in duration
 13. Check if important: Click if it is important request.
- That is all it takes for one of our volunteers will contact you to confirm.
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Did You Know?

City of Clayton Vacation House Watch

You may request a Vacation House Watch when you are going to be away from home for several days, or several weeks. Clayton's Volunteers In Police Services, Neighborhood Patrol members will check on your home while you are gone. Vacation House Watch members do not enter your home, or take care of plants or pets. They check that the outside of your home has not been vandalized or broken into. If something is wrong, they contact Clayton Police to secure the home, and you and/or your Emergency Contact are notified. Get more information at:

<https://ci.clayton.ca.us/police/crime-prevention/vacation-house-watch/>



President's Message

Jim Whitfield

Welcome to readers of our CVV's Monthly Newsletter and for your interest in Clayton Valley Village!

CVV Community Gathering April 24.

For those of you who attended the Community Gathering in Hoyer Hall April 24th, we thank you for coming. It was well attended, with a surprise guest, **Concord Mayor Carlyn Obringer**, who was there to learn more about CVV, the Village To Village Network, and the concept of neighbors helping neighbors as we expand into new territory in Concord. She supported our expansion into District 1 and District 5 and offered her help in spreading the news about our Village. A key takeaway for her: we are a nationwide concept that focuses on support to seniors. She encouraged us to bring our next Gathering closer into the heart of Concord.

Many thanks to volunteer Fiona Hughes for coordinating this wonderful event.

Community Activities

Please check the upcoming event in this newsletter for the life of our community or click on the following link claytonvalley.helpfultovillage.com/events/index_list>. As we head into summer, the calendar loads up with indoor and outdoor activities we enjoy. We can always add cheering participants and observers at our Bocce matches! There are 2 Concerts In

The Grove this month - May 11 and May 25. Take a friend (or several) to a concert! Join the hiking group, attend the weekly dance class, enjoy the next Mixer. I also want to encourage our members to submit a Service Request and to use our list of Preferred Providers. Monday through Friday you can call our CVV number for more information (925-626-0411).

Requesting Volunteers!!

As CVV grows into central Concord, we need to add additional volunteer staff. If you have an interest in selective volunteering, we want to talk with you. We will have a new Volunteer Recruit time in early June - watch the Weekly Blast for date, time and place.

Thanks for your interest in helping Seniors stay active, involved and challenged!

Jim Whitfield, President

Upcoming Events for May 2019

Tues; May 7th Board of Directors Meeting
Mon; May 6th Dance Class
Thurs., May 9th Birthday Celebration for Members only
Sat May 11th - Clayton Farmers Market
Sat May 11th - Concert in the Grove - Boston Rocks
Tues, May 21st: Monthly Mixer at Clayton Club
Thurs May 24th Events Committee Mtg
Sat May 25th Concert in the Grove - Brickhouse
Tues May 28th , Movie Group Outing

For additional information about these events and more, click the link below:

https://claytonvalley.helpfulvillage.com/events/index_list



CLAYTON VALLEY VILLAGE COMMUNITY GATHERING ON APRIL 24

We had a nice turnout for our Community Gathering to announce our expansion of services into Concord Districts 1 and 5. Concord's Mayor, Carlyn Obringer, attended the event. Check out the following link for a map of the area we are now covering: claytonvalleyvillage.org/geo-coverage Below are pictures from the event.



CVV MONTHLY MIXER MORESI'S CHOPHOUSE



**April 16,
2019**



CVV EXPLORERS HIKING GROUP



CVV Village Explorers Spring Hike - April 8, 2019 Dorothy Bradt and Kathy O'Toole led several members, volunteers, and guests on a most beautiful 2.5-3 mile hike along the Mitchell Canyon Trail. We did a loop where many wildflowers were already in bloom. Dorothy had her Mount Diablo Wildflower book with her as she shared her knowledge and helped identify many of the wildflowers. The hills were so green and lush, the creeks were full, the weather perfect - we all felt restored by being outside and getting our exercise with friends. A particular butterfly really liked Kim Brazil and landed on her hat several times.... The next hike will be in June, possibly in early evening due to the heat. Watch for future announcement.



Open to Members
& Volunteers



Coordinated by
Sue Manning

Walt and Nancy Hoffman were the first presenters to our Armchair Travelers interest circle, filling our heads with fantasies of traveling to exotic Indonesia, with a side trip to Singapore. Although the idea of having this particular interest circle was to let CVV members and volunteers travel to faraway places only in their minds, Nancy and Walt whetted our appetites so well some of us are ready to pack our bags and go! The Events Committee (Betty, Fiona and Sonja) brought tasty desserts to go with the Indonesian crackers Nancy provided with coffee and tea. If you missed this first "trip," mark your calendars for the next one on August 8 when we'll travel to the Baltics on Sonja's cruise! - Sue Manning, Coordinator

CVV Armchair Travelers with Walt & Nancy Hoffman



Dance Circle



On April 8, 11 CVV members and volunteers attended CVV's first Dance Class. A fun time was had by all. There are 6 more classes scheduled for April and May. Come on out and join in the fun.

COMMUNITY EVENTS

A group of us from Clayton Valley Village attended "Savannah Sipping Society" a play by Jones, Hope and Wooten focused on four unique Southern women all trying to escape the sameness of their day-to-day routines. They are drawn together by Fate (and an impromptu happy hour) and decide to reclaim the enthusiasm for the life they've lost. It was a terrific play with tons of laughs!



CVV members and volunteers have many interests, hobbies and skills, so we invite you to start an "Interest Circle." It's a great way to meet, share and learn from others in our village who share common interests. Suggestions include: walking/hiking, arts & crafts, book club, creative writing, woodworking, doll making, card making, painting, quilting, sewing, photography, dining in private homes, conversations on various topics, attending musical events and/or local theater, travel. What it comes down to, however, is the willingness of our Members and Volunteers to lead and coordinate these Interest Circles. If you'd like to share ideas and discuss further, please contact by email Sue at suemanning121@gmail.com



Standing & Ad Hoc Committees

2019 CVV Board of Directors

Executive Committee:

Jim Whitfield (President), Sonja Wilkin (Past-President), Kathy Geddes (VP/President Elect), Sue Manning (Secretary), Joanne Wasak (Treasurer)

Members-at-Large

Diane Berger, Carol Hansen Grey, Mary Esther Loranger, Marilyn Wollenweber

Volunteer Representative Members

Pete Bardea

- The CVV **Events Committee** meets on the last Friday of the month between 1-3 pm and we welcome anyone to our hardworking team! We enjoy our meetings and the satisfaction of pitching in to make sure our events run smoothly.
- The CVV **Tech Committee** meets on the third Tuesday of the month and also participates in the HV Users group and handles Database Management. It interfaces with the **Communications/Publicity Committee** which handles Website Development, Newsletters, Printed Promotional Material, Calendar Management, Social Network Outreach and Email Notifications.
- The CVV **Member Services Committee** meets on the second Thursday of the month.

Our Village Voice is a free, electronic publication of Clayton Valley Village.

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The editors welcome all submissions and reserve the right to include or edit all material. Unless otherwise specified, other publications may reprint any material herein with proper attribution.

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www.claytonvalleyvillage.org

Submissions, Questions or Comments about Clayton Valley Village or Our Voice Newsletter

Email: Village.Clayton@gmail.com or Phone: 925-626-0411



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