

## A monthly publication of Clayton Valley Village November 2022 Edition

A Message from our President. Check our successful Fundraiser, our Events held in October, Upcoming Events, A Gift Idea for your Parents, Grandparents, \& Aunts and Uncles, and lots more.

## What are YOU Thankful For?




## 

## Recycling and Other Services



Here are some local businesses where you can recycle miscellaneous non-food items.

If you have some of the smaller items, place a service request and a volunteer may be able to pick them up and recycle them for you.
If you need assistance sorting through your miscellaneous items (decluttering), again, place a service request.

| Outdoor Supply Hardware <br> 5424 Ygnacio Valley Road <br> $(925) ~ 567-2403 ~$ | Batteries |
| :--- | :--- |
| ACE Hardware <br> 4451 Clayton Road <br> $(925) ~ 825-4100 ~$ | Batteries <br> Light bulbs, fluorescent bulbs |
| Staples <br> 449̄ Treat Bivd <br> $(925) ~ 609-1014 ~$ | Ink Cartridges <br> Printers <br> Computers (destroy hard disk) <br> Cables and Cords |
| Concord Recycling Center <br> 1320 Galaxy Way <br> Concord <br> $(925) ~ 689-3900 ~$ | Large quantities of cans. <br> Computers and other electronic |


| Across the street from Concord |  |
| :--- | :--- |
| Recycling Center | Cardboard boxes <br> (Drop off and pick up) <br> Large metal objects <br> Laundry equipment <br> Lawn mowers |
| Household Hazardous Waste <br> Collection Facility <br> 4797 Imhoff Place <br> Martinez <br> (800) 646-1431 | Aome \& Garden products <br> Automotive Products <br> Paints \& Stains <br> Household Cleaning Products <br> Personal Care Products |
|  | Appliances (for a fee) <br> Miscellaneous electronic items. <br> Computers |
| Rapid Recycle | Small electronics |
| 5292 Pacheco Blvd. | Cables |
| Power cords |  |
| Pacheco | Cameras |
| Phones $671-8008$ | Document Shredding |
| Shred Center <br> 1070 Detroit Ave G (across from <br> Costco) | Open Tues thru Saturday |
| Concord |  |
| (925) 465-9553 |  |

For some larger items, your trash pickup service may offer curbside pickup.

## Other services

| Computers USA <br> Safeway Shopping Center <br> Clayton Road | Computer Repairs |
| :--- | :--- |
| Staples |  |
| 4498 Treat Blvd | Shredding |
| (925) 609-1014 | Package Shipping |
| UPS Store | Notary Public |
| 5100 Clayton Road | Non-recyclable stuff. |
| (925) 689-6245 |  |
| $1-800-$ JUNK |  |



Dear Village Friends,

Many thanks to everyone who participated in our Sunday Supper a couple of weeks ago. There were 55 attendees! It was particularly satisfying to see so many new faces-those of new members as well as guests. I would like to extend special thanks to:

Co-chairs Sonja Wilkin and Sue Manning, along with the Events team, members, and volunteers, and CVV Board who all helped with planning, setting up, and acquiring auction items.

Our Business Community for their gift donations and continued support and encouragement.

Nick and his wonderful staff at La Veranda for the rooms, delicious dinner, and participation in the auction.

Everyone who bought tickets and attended the delicious 4-course dinner with wine, and those who brought friends with them.

Those who participated in the auction, and those with the high bid who took a treasure home with them that evening.

The month of November seems special with its beautiful weather and several significant events to appreciate and celebrate. On November 8th, we once again have the privilege of voting in our national and local elections. Please remember to vote. November 11th, we pause to honor military veterans of the United States Armed Forces who have stepped forward to bravely serve this country we call
our home. If you know a veteran, be sure that you thank them for their service. November 15th, at our monthly Happy Hour, we will go to the Old Spaghetti Factory in Concord to enjoy each other's company, the great Clayton Valley Community that we are, and eat some tasty food as well! Don't forget to make reservations and if you need a ride, please let us know.

And finally, on November 24th, Thanksgiving Day, we once again gather with family and friends to remember our many blessings and give thanks.

New Volunteers


Richard Fischer


Kim J. Trupiano

New Members


Tami Anderson


Robert Hoyer


Members and Volunteers November Birthdays

Nov 10th Lynn Hadley

## Born in November

- Thinks forward ahead of his times
- Unique and unconventional
- Fine and strong clairvoyance
- Can become good surgeons
- Dynamic in personality
- Inquisitive
- Always alert and thinking
- Patient
- Determined
- Loves solitude
- Hard working
- Honest and reliable


Nov 15th Margot Nenzell
Nov 21st Kathy Geddes
Nov 26th Jim Whitfield
Nov 29th Rosemary Harwood
Nov 29th Shirley Solen
Nov 30th Fred Pardella

## A Message from a CVV Member



By Mary Esther Loranger

Why didn't I think of this before? Why did I wait so long? Why did I persist in putting up with these daily irritating problems?

I cannot get on a ladder. I cannot reach $75 \%$ of what I have in the kitchen, let alone in the rest of the house. I've made many, many adjustments over these past few years that have helped me with daily living. However, there are some things one just cannot do!

The office clock (way up high) that needs a battery change; the myriad of electronic and computer problems that seem to occur all too often; that heavy patio furniture cover that needs to be put on now; all those items that need to be placed on the top shelf in the hall closet; the light bulbs; the window blinds and kitchen fan that need seasonal adjustment; rides to church or events The list goes on and on.

These are not monumental things but they do add up and pretty soon you have a whole host of things that really need to be done. And, guess what, you are too hesitant to call for help!

Sound familiar? Well, it does indeed, take a village. That's why we are so grateful for our Clayton Valley Village which includes Clayton and Concord. Our volunteers and member/volunteers are ready to assist us all and help in any way, not just rides. That is why we stay in touch, to help each other out.

Recently, Pete, one of our volunteers, asked me why I was so slow to ask for help.
"It's really not difficult, just ASK!" he said. Call our number (925) 626-0411 and leave a message with questions and/or requests. Our call manager will put in a service request for you. Remember, "Don't hesitate, just ASK!"

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## DUNKIN'

Francisco Quijada General Manager
(925) 381-9772

Francisco@RunsOnDD.com



Overall "Sapiens: A brief history of Humankind" by Yuval Noah Harari is a worthwhile read. And addictive.

Although this book is heavy enough to use as a doorstop (even in its paperback edition) the reading of it is not at all heavy. Instead, you glide through our convoluted history from small groups of hunter-gatherers to the disaster of the agricultural revolution, when the nutritional value of diet overall fell, but with a stable food source, the population grew. This was despite the enormous infant mortality rates that decimated society up through the 1800s pre-antibiotics stage of our history. Throughout the book fascinating ideas are scattered. Early "archaic humans" were not one, but several groups.

The Sapiens group outcompeted the others. Even today more and more fossil evidence of these "not-us" hominids is being discovered and investigated and being noted in our daily news reports. Our success is based on myths:

- That money has real value rather than merely trust (see chapter on Capitalism).
- That male/female "differences" are based on physical differences. They are not, instead only determined by our cultures. Even foraging females practiced birth control since the group was always on the move and young children were a hindrance.
- That we have actually been living in an unprecedented period of global peace since the 1950s. (Published in 2015, the author writes that no one nation has tried to invade and take over another nation. After 2022 he would have had to retract that sentence).

I have just started reading "The World Before Us" by Tom Higham.
Who were this early "not-us" humans and why did we win the survival stakes when they did not. Is Harari correct in his summary?

## \# Upcoming Events

Friday \& Saturday, Nov 4th \& 5th - Holiday Hutch Boutique Saturday, Nov 5th - Diablo Women's Chorale Grand Sale

Tuesday, Nov 8th - Lauren Thor A Retired Nurse
Tuesday, Nov 8th - CVV Board Meeting
Friday, Nov 11th - Veterans Day
Saturday, Nov 12th - Ruth Bancroft Community Day with Ikebana demo Tuesday, Nov 15th - CVV Happy Hour

Thursday, Nov 24th - Thanksgiving Day
Wednesday, Nov 30th - Village Movement California (Zoom)

Scan the QR Code to View the Calendar



## Clayton Valley Village 8th Annual Sunday Supper Oct. 16, 2022 - La Veranda Cafe, Clayton

A big THANK YOU to all who helped make our fundraiser successful! We can be so proud and will continue to reap benefits in the future.




FOR OUR 8th ANNUAL SUNDAY SUPPER \& SILENT AUCTION CONTRIBUTIONS FOR OCTOBER 16, 2022
BUSINESSES
OAKHURST COUNTRY CLUBR \& M POOL \& PATIO
SKIPOLINI'S
CLAYTON VALLEY FRAMEWORKS
PEET'S COFFEE
ROCCO'S
MANN'S CHINESE RESTAURANT
SAFEWAY
CHICK BOSS
TJ SALON \& NAIL SPA
CLAYTON THEATRE CO.
TRADER JOE'S
ACE HARDWARE
CLAYTON FARMHOUSE
PARMA DELI
GLORY NAILS
ED'S MUDVILLE GRILL
MORESI'S CHOPHOUSE
MODERN BOBA
DUNKIN
LOVE THAI RESTAURANT
SLOAT GARDEN CENTER
MOMO 'N CURRY
LUCKY SUPERMARKET

CLAYTON GARDEN CLUB
FIORE RESTAURANT
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CLAYTON CLUB SALOON
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JOANNE VANIS
MARIA XIARIS
BONNIE SLATKIN
MARY ESTHER LORANGER
JESSE \& RUBY CHRISTENSEN
NANCY HOFFMAN
SUSAN ELLIOTT

The ROMEOs enjoyed lunch at Ed's Mudville Grill - October 28th


Left to Right: Pete Bardea, Ron Jacobs, Bob Hoyer, Jim Whitfield, Jim's guest Steve, Larry Solen, Jesse Christensen


Clayton Valley Village Attended the Clayton Valley Theater Play


## Save the Date!



When: Nov 15th - 4:00 PM
Where: Old Spaghetti Factory 1955 Mt Diablo Street, Concord


Join us for our fun-filled November Mixer, socialize with members and volunteers and if you are new to the Village Movement, discover how you can benefit from becoming a member and/or a volunteer. We invite you to join Clayton Valley Village for a memorable dining experience at Old Spaghetti Factory.

## Clayton Valley Woman's Club Presents Lauren Thor A Retired Nurse

Where: Clayton Community Church Offices, 6055 Main St. Clayton, Ca 94517 When: November 8, 11:00 AM


Lauren is a retired nurse and spends her time enjoying her many hobbies. Both her parents were collectors and encouraged her to start collecting. It was not until she inherited her father's postcard collection that she became a postcard enthusiast or "deltiologist". Since that time, she has joined two Bay Area Postcard Clubs and has prepared programs about her postcards. She and her husband have traveled to Paris and London on several occasions to attend postcard expos and buy postcards from dealers, Her main collection is Women's Suffrage and in 2020, her suffrage postcards were used in two local museum exhibits commemorating the 100th anniversary of the nineteenth amendment. She will be bringing samples of her suffrage collection as well as other smaller postcard collections.


CVV Member, Sachiko Torok, will demonstrate Ikebana, Japanese flower arranging, and display her pottery at Ruth Bancroft Gardens on November 12th.

Sachiko grew up in the Japan countryside. Her desire to be an independent woman led her to become quite an accomplished artist. At the age of 19 , she began writing poetry and essays, several of which were published in Japanese. She earned a Masters degree in Art \& Design from Goldsmith College, London University, where she studied sculpture.

Sachiko was trained in Bizen-yaki at the Okayama Prefecture Pottery institute of Japan. Bizen is one six ancient pottery styles with 800 years of tradition, used for tea ceremony, flower arrangement, and Japanese cuisine enhancing seasonal ingredients. It is fired by wood for 9 days and has no glaze, just natural brown color.

She produced Bizen Pottery from her home and studio in Imbe, Bizen City, Japan over 30 years, and held a number of international exhibitions including San Francisco and New York.


Golden Jubilee
Exhibit \& Community Day
Saturday, November 12 10:00 am - 1:00 pm

This event, which takes place on our Plaza and Building, is FREE;


Please RSVP https://www.ruthbancroftgarden.org/event/community-day-golden-jubilee/

Garden admission fees apply to those who wish to visit the Garden.


Buy Tickets Now! https://www.eventbrite.com/e/diablo-womens-chorale-presents-bells-and-noels-tickets-445153314547?


## QUOTE OF THE MONTH

'How far that little candle throws his beams!
So shines a good deed in a weary world.'

- William Shakespeare, The Merchant of Venice



## 2022 CVV Board of Directors

## Executive Committee:

Kathy Geddes (President), Sue Manning \& Sonja Wilkin (President Elect), Marilyn Wollenweber (Past-President), Arlene Lewandowski (Secretary), Joanne Wasak (Treasurer)

## Members-at-Large

Diane Berger, Joanne Vanis

## Volunteer Representative Members

Pete Bardea, Linda Pinder, Kim Brazill, Margaret Bachman

Our Village Voice is a free, electronic publication of Clayton Valley Village.
Co-Editors: Diane Berger and Bev Adams
Email: CVVBusines21@gmail.com
The editors welcome all submissions and reserve the right to include or edit all material. Unless otherwise specified, other publications may reprint any material herein with proper attribution.

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https://www.claytonvalleyvillage.org

## Submissions, Questions or Comments about

 Clayton Valley Village or Our Voice NewsletterEmail: Village.Clayton@gmail.com or Phone: 925-626-0411

