

#### A monthly publication of Clayton Valley Village November 2022 Edition

A Message from our President. Check our successful Fundraiser, our Events held in October, Upcoming Events, A Gift Idea for your Parents, Grandparents, & Aunts and Uncles, and lots more.





# Did You Know?

#### Recycling and Other Services



Here are some local businesses where you can recycle miscellaneous non-food items.

If you have some of the smaller items, place a service request and a volunteer may be able to pick them up and recycle them for you.

If you need assistance sorting through your miscellaneous items (decluttering), again, place a service request.

Outdoor Supply Hardware 5424 Ygnacio Valley Road (925) 567-2403	Batteries
ACE Hardware 4451 Clayton Road (925) 825-4100	Batteries Light bulbs, fluorescent bulbs
Staples 4498 Treat Blvd (925) 609-1014	Ink Cartridges Printers Computers (destroy hard disk) Cables and Cords
Concord Recycling Center 1320 Galaxy Way Concord (925) 689-3900	Large quantities of cans. Computers and other electronic items. They will pay you based on weight.

Recycling Center	Cardboard boxes (Drop off and pick up) Large metal objects Laundry equipment Lawn mowers
Collection Facility 4797 Imhoff Place	Home & Garden products Automotive Products Paints & Stains Household Cleaning Products Personal Care Products
	Appliances (for a fee) Miscellaneous electronic items. Computers Small electronics Cables Power cords Cameras Phones
Shred Center 1070 Detroit Ave G (across from Costco) Concord (925) 465-9553	Document Shredding Open Tues thru Saturday

For some larger items, your trash pickup service may offer curbside pickup.

#### Other services

Computers USA Safeway Shopping Center	Computer Repairs
Clayton Road	
Staples 4498 Treat Blvd (925) 609-1014	Shredding
ISTUU CIAVION ROAG	Package Shipping Notary Public
1-800-JUNK	Non-recyclable stuff.



President's Message
Kathy Geddes

Dear Village Friends,

Many thanks to everyone who participated in our Sunday Supper a couple of weeks ago. There were 55 attendees! It was particularly satisfying to see so many new faces—those of new members as well as guests. I would like to extend special thanks to:

Co-chairs Sonja Wilkin and Sue Manning, along with the Events team, members, and volunteers, and CVV Board who all helped with planning, setting up, and acquiring auction items.

Our Business Community for their gift donations and continued support and encouragement.

Nick and his wonderful staff at La Veranda for the rooms, delicious dinner, and participation in the auction.

Everyone who bought tickets and attended the delicious 4-course dinner with wine, and those who brought friends with them.

Those who participated in the auction, and those with the high bid who took a treasure home with them that evening.

The month of November seems special with its beautiful weather and several significant events to appreciate and celebrate. On November 8th, we once again have the privilege of voting in our national and local elections. Please remember to vote. November 11th, we pause to honor military veterans of the United States Armed Forces who have stepped forward to bravely serve this country we call

our home. If you know a veteran, be sure that you thank them for their service. November 15th, at our monthly Happy Hour, we will go to the Old Spaghetti Factory in Concord to enjoy each other's company, the great Clayton Valley Community that we are, and eat some tasty food as well! Don't forget to make reservations and if you need a ride, please let us know.

And finally, on November 24th, Thanksgiving Day, we once again gather with family and friends to remember our many blessings and give thanks.



#### **New Volunteers**



**Richard Fischer** 



Kim J. Trupiano

#### New Members



Tami Anderson



**Robert Hoyer** 



#### Members and Volunteers November Birthdays



Nov 10th Lynn Hadley

Nov 15th Margot Nenzell

Nov 21st Kathy Geddes

Nov 26th Jim Whitfield

Nov 29th Rosemary Harwood

Nov 29th Shirley Solen

Nov 30th Fred Pardella

## A Message from a CVV Member



Why didn't I think of this before? Why did I wait so long? Why did I persist in putting up with these daily irritating problems?

I cannot get on a ladder. I cannot reach 75% of what I have in the kitchen, let alone in the rest of the house. I've made many, many adjustments over these past few years that have helped me with daily living. However, there are some things one just cannot do!

The office clock (way up high) that needs a battery change; the myriad of electronic and computer problems that seem to occur all too often; that heavy patio furniture cover that needs to be put on now; all those items that need to be placed on the top shelf in the hall closet; the light bulbs; the window blinds and kitchen fan that need seasonal adjustment; rides to church or events The list goes on and on.

These are not monumental things but they do add up and pretty soon you have a whole host of things that really need to be done. And, guess what, you are too hesitant to call for help!

Sound familiar? Well, it does indeed, take a village. That's why we are so grateful for our Clayton Valley Village which includes Clayton and Concord. Our volunteers and member/volunteers are ready to assist us all and help in any way, not just rides. That is why we stay in touch, to help each other out.

Recently, Pete, one of our volunteers, asked me why I was so slow to ask for help. 
"It's really not difficult, just ASK!" he said. Call our number (925) 626-0411 and leave a message with questions and/or requests. Our call manager will put in a service request for you. Remember, "Don't hesitate, just ASK!"

#### PATRONIZE YOUR ADVERTISERS





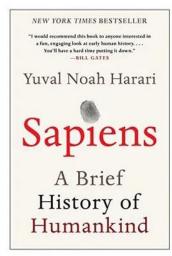


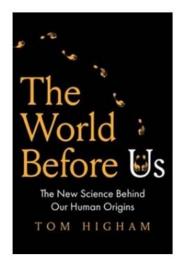






## Invasive Species a book review by Barbara Molnar





Overall "Sapiens: A brief history of Humankind" by Yuval Noah Harari is a worthwhile read. And addictive.

Although this book is heavy enough to use as a doorstop (even in its paperback edition) the reading of it is not at all heavy. Instead, you glide through our convoluted history from small groups of hunter-gatherers to the disaster of the agricultural revolution, when the nutritional value of diet overall fell, but with a stable food source, the population grew. This was despite the enormous infant mortality rates that decimated society up through the 1800s pre-antibiotics stage of our history. Throughout the book fascinating ideas are scattered. Early "archaic humans" were not one, but several groups.

The Sapiens group outcompeted the others. Even today more and more fossil evidence of these "not-us" hominids is being discovered and investigated and being noted in our daily news reports. Our success is based on myths:

- That money has real value rather than merely trust (see chapter on Capitalism).
- That male/female "differences" are based on physical differences. They are not, instead only determined by our cultures. Even foraging females practiced birth control since the group was always on the move and young children were a hindrance.
- That we have actually been living in an unprecedented period of global peace since the 1950s. (Published in 2015, the author writes that no one nation has tried to invade and take over another nation. After 2022 he would have had to retract that sentence).

I have just started reading "The World Before Us" by Tom Higham.

Who were this early "not-us" humans and why did we win the survival stakes when they did not. Is Harari correct in his summary?



Friday & Saturday, Nov 4th & 5th - Holiday Hutch Boutique
Saturday, Nov 5th - Diablo Women's Chorale Grand Sale
Tuesday, Nov 8th - Lauren Thor A Retired Nurse
Tuesday, Nov 8th - CVV Board Meeting
Friday, Nov 11th - Veterans Day
Saturday, Nov 12th - Ruth Bancroft Community Day with Ikebana demo
Tuesday, Nov 15th - CVV Happy Hour
Thursday, Nov 24th - Thanksgiving Day
Wednesday, Nov 30th - Village Movement California (Zoom)

Scan the QR Code to View the Calendar





### Clayton Valley Village 8th Annual Sunday Supper Oct. 16, 2022 - La Veranda Cafe, Clayton

A big THANK YOU to all who helped make our fundraiser successful! We can be so proud and will continue to reap benefits in the future.

















Special Thanks to all who donated and all who bid.

What a Great Evening!













# FOR OUR 8th ANNUAL SUNDAY SUPPER & SILENT AUCTION CONTRIBUTIONS FOR OCTOBER 16, 2022

#### BUSINESSES

**OAKHURST COUNTRY CLUB** 

R & M POOL & PATIO

SKIPOLINI'S

**CLAYTON VALLEY FRAMEWORKS** 

PEET'S COFFEE

ROCCO'S

MANN'S CHINESE RESTAURANT

SAFEWAY

**CHICK BOSS** 

TJ SALON & NAIL SPA

CLAYTON THEATRE CO.

TRADER JOE'S

**ACE HARDWARE** 

**CLAYTON FARMHOUSE** 

PARMA DELI

**GLORY NAILS** 

**ED'S MUDVILLE GRILL** 

**MORESI'S CHOPHOUSE** 

**MODERN BOBA** 

DUNKIN

LOVE THAI RESTAURANT

SLOAT GARDEN CENTER

MOMO 'N CURRY

**LUCKY SUPERMARKET** 

# CLAYTON GARDEN CLUB FIORE RESTAURANT NAILS NATURALLY CLAYTON CLUB SALOON GV CELLARS

#### INDIVIDUAL DONORS

JIM WHITFIELD AND MARILYN WOLLENWEBER

SUE MANNING

ARLENE LEWANDOWSKI

LINDA PINDER

BARBARA MICALLEF

**DIANE BERGER** 

**KATHY GEDDES** 

SONJA WILKIN

**FIONA HUGHES** 

**BETTY ARMES** 

**GLORIA UTLEY** 

BHISHMA LASHKARI

JUDY DISBROW

SHEILA DRISCOLL

JOANNE VANIS

MARIA XIARIS

**BONNIE SLATKIN** 

MARY ESTHER LORANGER

**JESSE & RUBY CHRISTENSEN** 

NANCY HOFFMAN

SUSAN ELLIOTT

#### The ROMEOs enjoyed lunch at Ed's Mudville Grill - October 28th



Left to Right: Pete Bardea, Ron Jacobs, Bob Hoyer, Jim Whitfield, Jim's guest Steve, Larry Solen, Jesse Christensen



#### Clayton Valley Village Attended the Clayton Valley Theater Play

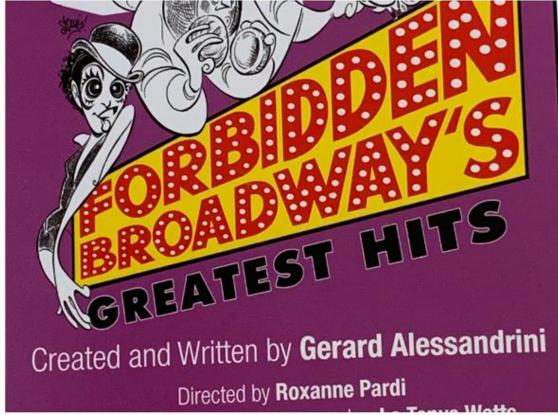












# Save the Date!



When: Nov 15th - 4:00 PM Where: Old Spaghetti Factory 1955 Mt Diablo Street, Concord



Join us for our fun-filled November Mixer, socialize with members and volunteers and if you are new to the Village Movement, discover how you can benefit from becoming a member and/or a volunteer. We invite you to join Clayton Valley Village for a memorable dining experience at Old Spaghetti Factory.

#### Clayton Valley Woman's Club Presents Lauren Thor A Retired Nurse

Where: Clayton Community Church Offices, 6055 Main St. Clayton, Ca 94517
When: November 8, 11:00 AM



Lauren is a retired nurse and spends her time enjoying her many hobbies. Both her parents were collectors and encouraged her to start collecting. It was not until she inherited her father's postcard collection that she became a postcard enthusiast or "deltiologist". Since that time, she has joined two Bay Area Postcard Clubs and has prepared programs about her postcards. She and her husband have traveled to Paris and London on several occasions to attend postcard expos and buy postcards from dealers, Her main collection is Women's Suffrage and in 2020, her suffrage postcards were used in two local museum exhibits commemorating the 100th anniversary of the nineteenth amendment. She will be bringing samples of her suffrage collection as well as other smaller postcard collections.



# CVV Member, Sachiko Torok, will demonstrate Ikebana, Japanese flower arranging, and display her pottery at Ruth Bancroft Gardens on November 12th.

Sachiko grew up in the Japan countryside. Her desire to be an independent woman led her to become quite an accomplished artist. At the age of 19, she began writing poetry and essays, several of which were published in Japanese. She earned a Masters degree in Art & Design from Goldsmith College, London University, where she studied sculpture.

Sachiko was trained in Bizen-yaki at the Okayama Prefecture Pottery institute of Japan. Bizen is one six ancient pottery styles with 800 years of tradition, used for tea ceremony, flower arrangement, and Japanese cuisine enhancing seasonal ingredients. It is fired by wood for 9 days and has no glaze, just natural brown color.

She produced Bizen Pottery from her home and studio in Imbe, Bizen City, Japan over 30 years, and held a number of international exhibitions including San Francisco and New York.



- Golden Jubilee Exhibit & Community Day

Saturday, November 12 10:00 am - 1:00 pm

This event, which takes place on our Plaza and Building, is FREE;

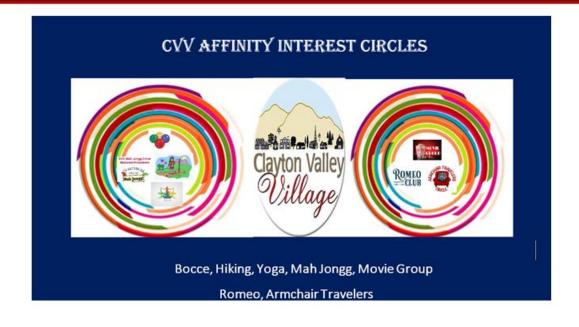


Please RSVP <a href="https://www.ruthbancroftgarden.org/event/community-day-golden-jubilee/">https://www.ruthbancroftgarden.org/event/community-day-golden-jubilee/</a>

Garden admission fees apply to those who wish to visit the Garden.



Buy Tickets Now! <a href="https://www.eventbrite.com/e/diablo-womens-chorale-presents-bells-and-noels-tickets-445153314547">https://www.eventbrite.com/e/diablo-womens-chorale-presents-bells-and-noels-tickets-445153314547</a>?



#### QUOTE OF THE MONTH

'How far that little candle throws his beams! So shines a good deed in a weary world.'

- William Shakespeare, The Merchant of Venice



#### 2022 CVV Board of Directors

#### **Executive Committee:**

Kathy Geddes (President), Sue Manning & Sonja Wilkin (President Elect),

Marilyn Wollenweber (Past-President), Arlene Lewandowski (Secretary),

Joanne Wasak (Treasurer)

#### Members-at-Large

Diane Berger, Joanne Vanis

#### Volunteer Representative Members

Pete Bardea, Linda Pinder, Kim Brazill, Margaret Bachman

# Our Village Voice is a free, electronic publication of Clayton Valley Village.

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The editors welcome all submissions and reserve the right to include or edit all material. Unless otherwise specified, other publications may reprint any material herein with proper attribution.

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Donations are tax-deductible and welcomed.

https://www.claytonvalleyvillage.org

Submissions, Questions or Comments about Clayton Valley Village or Our Voice Newsletter

Email: Village.Clayton@gmail.com or Phone: 925-626-0411