



**A monthly publication of Clayton Valley Village**

**January 2023 Edition**

A Message from our new Presidents, our Events held in December, Upcoming Events,  
Welcome our 2023 Board and lots more.

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**CVV wishes you a Very Happy New Year!**

**Join us as a Member or Volunteer**

<https://www.claytonvalleyvillage.org/>



# WHAT IS HAPPENING AT CLAYTON VALLEY VILLAGE

## Social

- Happy Hours/Birthday Celebrations
- Out to Lunch Bunch
- Hikes/Yoga/Mah Jongg
- ROMEO (Really Old Men Eating Out)
- Annual Sunday Supper/Fundraiser
- Movie Group
- Bocce Group



## Service Request Examples

- Grocery Shopping
- RX Deliveries
- Driving to medical or self-care appointments
- Gardening Tasks
- Computer/Tech help
- Light Blubs changed/Alarm batteries swapped out

## A Snapshot Jan –Dec 2022

Service Requests	Driving Hours	Volunteer Hours	Events
491	855	1218	73

## Learning Events

- Lunch and Learns
- Health and Wellness Workshops
- Gardening Sites Visits
- CVV Informational Events

- Number of Members – 58 with ages ranging from 61-101
- Number of Volunteers – 46 with ages ranging from 29-88

If you're interested in becoming a member or volunteer email [village.clayton@gmail.com](mailto:village.clayton@gmail.com) or call 925-626-0411



## President's Message

*Marilyn Wollenweber*

Where did 2022 go? I hope you all had a warm and cheerful holiday. Maybe you got together with family? Friends? Maybe you traveled? Did you make any resolutions for 2023? How about deciding to join in on our activities more often, volunteer a few more times? Those are mine, and I plan on keeping them!

I want to thank Kathy Geddes for leading us through 2022. She has been an exceptional President and has demonstrated obvious dedication in serving in that role. We have a few other members who are going off the Board this year. They are Pete Bardea, Sue Manning, Joanne Vanis, and Sonja Wilkin. They have also shown great dedication. I know they will continue to be on hand!

This year Joyce Atkinson and I will share the office of President. We have known each other since our children were in elementary school and we have worked on several boards together. Our President Elect is Rosemary Harwood, Arlene Lewandowski is returning as Secretary, and Joanne Wasak has agreed to continue as our Treasurer. The other directors are Kathy Geddes, Past President, Margaret Bachman, Diane Berger, Kim Brazil, Linda Pinder, co-directors Anita and Don Stranik, and Maria Xiaris. Joyce and I have a great team, and we look forward to working together to offer you stimulating programs, events, and satisfying services!

Please plan to attend our Annual Meeting which will be held at Hoyer Hall (in our Clayton Library) from 3:00-5:00, February 28th. Put it on your calendars now, OK? We'll even provide coffee, tea, and cookies! Bring your questions and suggestions for making our Village even more valuable to you, our members and volunteers. Feel free to bring a friend or two to help spread the word about our Village. Our Board is looking forward to seeing you.

Happy New Year!

Marilyn

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## CVV Welcomes the 2023 Board



**Top Row: Pres Marilyn Wollenweber, Co-Pres Joyce Atkinson. Pres Elect Rosemay Harwood, Past Pres Kathy Geddes, Sec Arlene Lewandowski, Sec Joanne Wasak, Bottom Row: Diane Berger, Maria Xiaris, Don Stranik, Kim Bazill, Linda Pinder, Margart Bachman**

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## New Year Affirmations for 2023!

happy think go  
believe faith thank  
begin hope achieve attitude  
dream trust inspire  
positive  
change create smile



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# Heartfelt THANKS TO OUR VOLUNTEERS!

Our CVV volunteers have made a major contribution to the health and well being of our CVV members in 2022. Here's a tribute to our Top 6 Performers!

<u>Miles</u>	<u>Volunteer</u>	<u>Time</u>	<u>Number of Requests</u>
835.50	Linda Pinder	127:30	63
800.50	Pete Bardea	147:00	129
680.00	Beverly Adams	118:40	57
625.10	Margaret Bachman	60:30	29
579.00	Rosemary Harwood	58:45	35
424.00	James Whitfield	59:30	30

Many thanks to CVV's 40+ volunteers that keep the wheels rolling, the lightbulbs changed, the appointments kept and numerous other service requests completed! Keep it up - we need you!

Our goal for 2023 is to seek 15 new volunteers. Help us out by encouraging your friends to join us!

To print the Volunteer Application, copy this link to your browser:

<https://www.claytonvalleyvillage.org/volunteer-app>

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January 17th Joyce Atkinson

January 21st Sue Manning

January 21st Laura Wolter

January 24th Dale McCombs

January 26th Gloria Utley



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## GOOD TO KNOW

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**You Can Recycle Your Old Birthday & Holiday Cards and Support the Work of St. Jude's Ranch for Children!**



If you don't know what to do with your old birthday or holiday cards, St. Jude's Ranch for Children will accept them to use as crafts for abused, abandoned, and neglected children. They accept all card fronts (except for Hallmark, American Greetings and Disney which they are unable to accept due to copyright laws). They also accept new cards (any occasion) with or without the envelopes. The program helps provide teens with life and work skills. Send your cards to: St. Jude's Ranch for Children, 100 St. Jude's St., Boulder City, NV 89055. Click the link for more information.

<https://www.stjude.org/give/memorials-and-dedications/send-holiday-cards-to-loved-ones.html>

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## PATRONIZE YOUR ADVERTISERS



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## AARP Corner



### Fraud Prevention – AARP

The AARP Fraud Watch Network™ is a free resource for all. With AARP as your partner, you'll learn how to proactively spot scams, get guidance from their fraud specialists if you've been targeted, and feel more secure knowing that they advocate at the federal, state, and local levels to protect consumers and enforce the law.

AARP.org has a wealth of information and assistance in identifying SCAMS and getting support and help. Go to [AARP.org/fraudwatchnetwork](https://www.aarp.org/fraudwatchnetwork) for more information and sign up for SCAM alerts and much more. Knowledge is power. Don't let the scammers take your hard-earned money!

No matter where you live, fraud is never far away. Protect yourself and others by reporting a scam, or searching for existing scams near you.

You can call the AARP Fraud Watch Network Helpline 1-877-908-3360 M–F 8 a.m. – 8 p.m.



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# Book, Movie & TV Reviews



Three Pines

Reviewed by Barbar Molnar



A Picture is Worth... Finally, “Three Pines” has arrived on screen. Now we can see the group of people Louise Penny has created in her series of mystery (not science fiction as the Netflix banner displays) novels.

But how can a character, an actor plus director, portray a person you have built up in your mind from thousands of words? Have any of the many versions of Sherlock Holmes portrayed on screen or on stage even come close to matching the Sherlock Holmes created in your mind from the stories you have read?

In Episode two of the “Three Pines” series, Inspector Gamache is helping Ruth Zardo bury the duckling that did not survive her help in cracking the egg warming in her oven. As the hole is closed, he reaches for a nearby plant and breaks off a flower which he places on the tiny grave - and the bridge is made. Here is a person (not a character, not an actor) who not only realizes the importance of death but the even greater importance of acknowledging it. “Three Pines” has succeeded.





## Upcoming Events

**Sunday, Jan 1st - New Year's Day**

**Saturday, Jan 7th - CVV Holiday Party-Members & Volunteers**

**Wednesday, Jan 11th - CVV Board Meeting**

**Monday, Jan 16th - Martin Luther King Day**

**Sunday, Jan 22 - Lunar New Year 2023**

**Friday, Jan 27th - CVV Events Committee Meeting**

Scan the QR Code to View the Calendar



CVV Explorers took BART to Walnut Creek then walked to Broadway Plaza where they browsed shops, enjoyed the Christmas decorations, and topped it off with lunch at Boudin bakery.



## **Poinsettias for CVV Members and Volunteers**

On a rainy, wintery day, Clayton Valley Village board members delivered fresh poinsettia plants to our members and volunteers. Thank you to Margaret Bachman for picking up the load of plants. And thank you to Sue Manning for coordinating, and Linda Pinder, Joanne Vanis, Joanne Wasak (who also treated us with donuts!), Kim Brazill, Pete Bardea, Marilyn Wollenweber and Jim Whitfield who personally delivered to each member and volunteer.





## The Events Committee December Meeting included Christmas goodies!







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# *Save the Date!*

CVV 2023 Annual Meeting

When: Feb 28, 2023 - 3:00 to 5:00

Where: Clayton Library - Hoyer Hall

Public Welcome



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## CVV AFFINITY INTEREST CIRCLES



Bocce, Hiking, Yoga, Mah Jongg, Movie Group

Romeo, Armchair Travelers

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## Quote of the Month

As we look to the new year, hold on to what is good.  
Let go of what is bad. It really is that simple.

- Mandy Hale

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## **2023 CVV Board of Directors**

### **Executive Committee:**

Marilyn Wollenweber & Joyce Atkinson (President), Rosemary Harwood (President Elect)  
Kathy Geddes (Past-President), Arlene Lewandowski (Secretary),  
Joanne Wasak (Treasurer)

### **Members-at-Large**

Diane Berger, Don Stranik & Maria Xiaris

**Volunteer Representative Members**, Linda Pinder, Kim Brazill, Margaret Bachman

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<https://www.claytonvalleyvillage.org>

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