



**A monthly publication of Clayton Valley Village
October 2023 Edition**

A Message from our Presidents. Our Events held in September, upcoming Events, and lots more. Check out our Interesting Articles. **Join us for our annual Sunday Supper Event.**

Check out our Ads only \$25.00 and it goes out to 500 local residents.

Contact us at village.clayton@gmail.com to advertise in our newsletter.

Happy Halloween



Halloween or Hallowe'en is a celebration observed in many countries on 31 October, the eve of the Western Christian feast of All Saints' Day. It begins the observance of Allhallowtide, the time in the liturgical year dedicated to remembering the dead, including saints, martyrs, and all the faithful departed.

President's Message



Co-President
Marilyn Wollenweber



Co-President
Joyce Atkinson

It was good to see a nice turnout for the Ice Cream Social. Bhishma Lashkari and the supportive events team offered ice cream, including Indian flavors, toppings and smiles to give the attendees choices to make some delicious sundaes! There was lots of conversation and background music to make a very enjoyable time for all.

Later this month our Board of Directors and several former Board members will participate in a Strategic Planning retreat to develop a course of action to focus upon for the next two years.

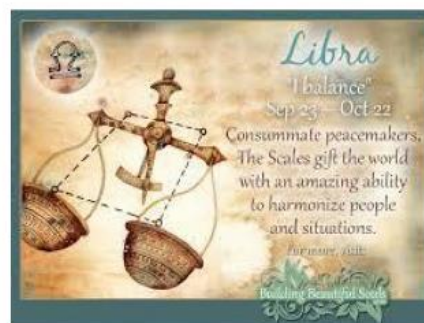
Stay tuned for the next newsletter to read what we have selected! We welcome members and volunteers who have an interest in serving on one of our committees. Just call our office number and leave a message that you are interested!

Meantime, enjoy the fall weather, check our website for upcoming events and have a Happy Halloween.



October Birthdays

October 1st Nancy Boyle – Member
October 2nd Tim Gunn – Volunteer
October 6th Tami Anderson - Member
October 7th Jeannie Rhodes – Member
October 9th Diane Berger - Member
October 10th Sally Lucia - Member
October 24th Kim Trupiano - Volunteer
October 27th Fiona Hughes - Volunteer



What's New

at Clayton Valley Village

Strategic Planning



Clayton Valley Village current and previous Board members are meeting on October 28th to have a strategic planning meeting to set goals for the next two years to move the village into the future. Anita Stranik has done a great job in doing the planning for this event. The Strategic Planning Process results in a document, the organization's Strategic Plan.

The plan focuses the organization to most efficiently accomplish goals which support its mission, vision, and values. Subsequent implementation of the strategic goals described in the Strategic Plan is a key activity of the strategic planning process.

The Plan is also a tool used to gauge the progress of the organization's goals. It is analogous to a roadmap preventing inefficient detours leading to activities of little value to the overall mission. It provides the most effective and efficient path to get from point A to Point B. Stay tuned for more details.

Welcome

New Members
& Volunteers!



Jean Coffee-Member



Helene Billeci-Member



Ferrol Harrer-Member



Laurel Madal-Volunteer

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RECIPES

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Raspberry Bars – submitted by Sonja Wilkin

Ingredients

- 3/4 cup butter, softened
- 1 cup sugar
- 1 large egg
- 1/2 teaspoon vanilla extract
- 2 cups all-purpose flour (or substitute the same amount of Bob's Red Mill "1 to 1" gluten-free flour to make a gluten-free version)
- 1/4 teaspoon baking powder
- 1-1/3 cups sweetened shredded coconut
- 1/2 cup chopped pecans
- 14 ounces of raspberry preserves or jam (almost a full jar)*

Directions

1. Preheat oven to 350°.
2. Grease a 13x9-inch baking pan.
3. In a large bowl, cream butter and sugar until light and fluffy.
4. Beat in egg and vanilla.
5. In a small bowl, whisk flour and baking powder; gradually add to creamed mixture, mixing well. Fold in coconut and pecans.
6. Press a little less than two-thirds of dough onto the bottom of the greased 13x9-inch baking pan.
7. Spread with preserves; crumble remaining dough over preserves.
8. Bake 30-35 minutes or until golden brown. Cool completely in pan on a wire rack. Cut into bars.

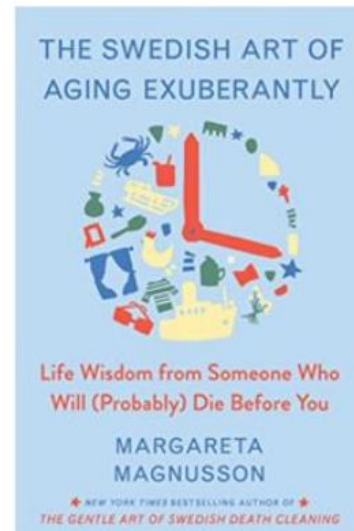
Book, Movie & TV Reviews



A Book Review - by Sue Manning

The Swedish Art of Aging Exuberantly
by Margareta Magnusson (2022)

This is a witty look at how to live and age gracefully well into your final third of life. It's a short 140 pages because, as the author says, "old people don't want to read 400 pages."



It's a humorous yet useful look at how to approach life when more of it is behind you than ahead. Simple and pragmatic advice is given such as not to fear death but to focus on what's important now: beauty, friends and loved ones, those less fortunate, leaving a better place for your children and grandchildren.

Along the way her advice includes admonitions to wear stripes, live within your means, don't resist new technology, let go of what doesn't matter, keep an open mind, spend more time with young people and have that gin & tonic with a friend on a regular basis.

It is also available on Peacock.

The most important ingredients in Peacock's unscripted series, are of course, the Swedes. And the ultimate de-cluttering program has a trio of them, each of them an expert who brings a unique set of skills to each episode.



Upcoming Events

Sunday, Oct 1st – CBCA Clayton Octoberfest

Thursday, Oct 5th – Tai Chi – Hoyer Hall, Clayton Library

Wednesday, Oct 11th – CVV Board Meeting

Thursday, Oct 12th – Android Phone Training (Members and Volunteers)

Sunday, Oct 15th – **CVV Annual Sunday Supper**

Monday, Oct 16th – CVV Explorers Hike – SFO Transit Center Presidio

Thursday, Oct 19th – Tai Chi – Hoyer Hall, Clayton Library

Saturday, Oct 21st – Clayton Memory Café – Hoyer Hall, Clayton Library

Saturday, Oct 21st – CVV Group Event – Clayton Theatre “Working”

Friday, Oct 27th – CVV Events Committee Meeting

Tuesday, Oct 31st – Halloween



Save the Date!



RSVP By 10/6/23 at CVV Annual Sunday Supper

Donate to Sunday Supper



CVV Hike on Mon October 16th @ 9:00 AM

SFO, Presidio Visitor Center, Point Overlook and Baker Beach



We will meet at Grove Park by the restrooms at 9AM sharp and carpool to BART. If you will meet us at BART, let the group leaders know. Please be on time or be left behind. Bring a sack lunch or snack and your Clipper card. If you already have a Clipper card, we can board upon arrival at BART. We will disembark at the Embarcadero stop and board the Presidio GoBus (free) in front of the Hyatt Regency hotel for a short ride to Transit Center Presidio where we will spend time at the visitor center, have lunch and use the restrooms. We will then board the Presidio Go bus, South Hill route, for a short scenic ride with stops at Immigrant Point Overlook and Baker Beach. Be prepared to walk through some loose sand to the beach area or not, your choice. We will try to keep the walks to about 3 miles total. Then back to the Transit Center for restrooms, then board the Presidio Go bus downtown and disembark at Clay and California and walk to Embarcadero BART for home. Expect to return on or before 4PM.

Rain cancels. Register at

<https://claytonvalley.helpfulvillage.com/events/2934> or

[Call 925-626-0411](tel:925-626-0411) or email village.clayton@gmail.com

Leaders:

Dorothy Bradt [925 890-7195](tel:925-890-7195)

Kathy O'Toole [925-348-1151](tel:925-348-1151)



CVV Celebrated Members' Birthdays for Q3 - September 21st



CVV's annual Ice Cream Social was held September 19th

We enjoyed a beautiful evening on Bhishma's comfortable deck.







9/11 Remembrance at the Clayton Fire Station.



The memorial honored first responders who made the ultimate sacrifice on Sept 11th, 22 years ago.

Community members were invited to walk among the flags, see the names of these heroes, and many of their faces, plus learn about the lives of the 343 New York City firefighters, along with 72 others, including officers from the Port Authority of New York and New Jersey, New York City Police, New York State Courts, New York Fire Patrol, and eight private emergency medical technicians, who died that day.

CVV AFFINITY INTEREST CIRCLES



Bocce, Hiking, Mah Jongg, Movie Group

Romeo, Armchair Travelers

Quote of the Month

**“To the world you may be one person
but to one person you may be the world.”**

— Bill Wilson



SEA Glass



I want to age like sea glass.

Smoothed by tides, but not broken.

I want my hard edges to soften.

I want to ride the waves and go with the flow. I want to catch a wave and let it carry me to where I belong.

I want to be picked up and held gently by those who delight in my well earned patina and appreciate the changes I went through to achieve that beauty. I want to enjoy the journey and always remember that if you give the ocean something breakable it will turn it into something beautiful.

I want to age like sea glass.

~ Bernadette Noll ~

Our Village Voice is a free, electronic publication of Clayton Valley Village
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