

The Villager

A monthly publication of Clayton Valley Village

April 2016 Vol. 3 Issue 4

27 Join Clayton Valley Village as Founding Members

CVV Bingo Bash

Oakmont/Montecito

Friday, April 22

Prizes – Raffles

See page 9

Monthly CVV Meet 'n' Greet Social Hour

Tuesday, April 19, 4-6 pm

Mann's Chinese Cuisine

See page 8



CVV is proud to announce that 27 people have signed on as Founding Members of Clayton Valley Village. The list of names appears at the end of this article and includes 8 couples and 11 individuals.

All of them have expressed their desire to be a part of this local village. Although none of them really needs crucial village programs and services right at the moment (see page 3), they were attracted by the idea that a village can help them õlive successfully in their own homesö as they age.

Sixteen of these Founding Members are on the CVV Task Force and have been part of the CVV planning process from the very beginning, or near to it. Ten others came on board once they became familiar with what CVV has to offer to seniors in the Clayton Valley area.

Those who made the early decision to join CVV had until April 1 to come in as Founding Members at the reduced annual rate of \$500 for an individual and \$800 for a household. Anyone who joins later will pay the normal annual rate of \$600 per individual or \$900 per household. **Continued**, p.2.

The Villager is sponsored by



Founding members. From p.1.

All 12-month memberships, whether Founding or Regular, begin when Clayton Valley Village opens, projected to be Fall, 2017 (and hopefully earlier) according to CVV Task Force member Jim Whitfield.

õSo, if we open on September 1, 2017, your membership would run until August 31, 2018,ö he explained.

Moving forward, the Task Force is working on setting up the infrastructure it needs to reach its goal of opening for service to its members. This includes business insurance, telephones, and office space. CVV is already a 501(c) 3 organization.

Most important of all, CVV is looking for volunteers who want to help Seniors in our community by doing things like driving them to the doctor, changing light bulbs, or explaining what an õappö is.

Please note: you do NOT have to be a Member to be a Volunteer!

Founding Members of Clayton Valley Village	
Betty Armes	Candy Negrete & Bob Duensing
Jeanne Boyd	Glendoris Sargent
Kathy & Gary Carr	Shirley & Larry Solen
Kathleen Geddes	Sonja Wilkin
Shirley Groschwitz	Marilyn Wollenweber & Jim Whitfield
Marlyne Hadley	Gloria Utley
Carol & Victor Hansen-Grey	Gioria Ottey
Arlene Lewandowski	Joanne Vanis
Susan & William Manning	Joanne Wasak
	Maria & Andreas Xiaris
Cindy & Gene Molander	



We are now looking for Volunteers...

í who want to help Seniors in our community. Tasks include driving members to the doctor, changing light bulbs, explaining what an õappö is.

You do NOT have to be a Member to be a Volunteer!

To become a part of this grassroots community effort, call **925-672-8717** or **carrpool@pacbell.net**

. *The Villager* is a free, electronic publication of Clayton Valley Village. Editor, Gary Carr, (925) 672-8717, <u>carrpool@pacbell.net</u>.

Editor welcomes all submissions and reserves the right to include or edit all material. Other publications are welcome to reprint any material herein with proper attribution, unless otherwise specified.

Questions or Comments about CVV ?

Jim Whitfield, jimwhitfield64@gmail.com Gary Carr, (925) 672-8717, carrpool@pacbell.net

Clayton Valley Village is a 501c3 organization. Donations are taxdeductible. And welcome. www.claytonvalleyvillage.org

Benefits of Membership in Clayton Valley Village

Upon opening, Clayton Valley Village will offer the programs and services that seniors in our area indicate they want most, based upon our surveys:

- Transportation to appointments and grocery shopping
- Volunteer handyman/woman services for routine home maintenance
- Pet walking and clean-up
- Computer and smartphone help
- Phone call check-ins/ friendly visits
- Hobby groups
- Walking groups and exercise classes
- Social activities, special events
- Guest speakers and specialinterest discussion groups
- Discounts and other benefits from local businesses

Other services will be added as member needs arise.

All service providers, whether volunteers or professionals, will be screened and subject to background checks.

Bocce Villagio takes to the courts again

The CVV bocce team, Bocce Villagio, began the season with great enthusiasm, which was not matched by its skill at scoring. On March 30, BV met its match and dropped all there games to last years Clayton Bocce champs. õWesre just getting warmed up,ö one CVV bowler was heard to say. Bocce Villagio plays on Wednesdays at 6:30 pm. Other teams should watch out for the Big Bounceback, advised Capo Joanne Vanis.



Team Bocce Villagio. L-R Joanne Vanis, Jim Whitfield, Ian Peacock, Marilyn Wollenweber, Joanne Wasak, Helene Billeci, and Shirley Elsberry. On DL, Kathy & Gary Carr.



Left. The official Bocce Villagio uniform T-shirt. Some still available and soon to become a collectorsøitem. Contact The Villager and state desired size and color.

Beside the Creekside with CVV

This year marked the third year that CVV has participated in the Creekside Arts Festival at the Clayton Library. On April 2 and 3, CVV set up an information table and talked to passersby about Clayton Valley Village.

CVV volunteers spreading the word included Jeanne Boyd, Gloria Utley, Shirley Izard, Bonnie Slatkin, and Glendoris Sargent. Below is a shot of the table at the library entrance. CVV members stepped out of the way so as not to obscure the excellent signage.





When you outgrow the Village...

The motto of Clayton Valley Village is õHelping Seniors live successfully in their own homes.ö But at some point in seniorsølives, assistance from a village is just not enoughí and itøs time to move from their own home to an environment where help is more concentrated and immediate. Assisted living, board and care, or moving in with younger relatives are alternatives to be considered.

From time to time, The Villager will take a look at some of these alternatives within Contra Costa County. We begin with A Blissful Retreat, a soon-to-be-opened residential board and care home at 4200 Cowell Road in Concord.





A Blissful Retreat . a comfortable environment inside and out. %Assisted living in a residential setting.+

Founded by local resident Sumaiya Osman, A Blissful Retreat is a 6-bed facility that is well planned and well-staffed.

Ms. Osman writes that õour lovely home is ready to provide customized individual board & care and supervision to meet the personal needs of our residents. Here we understand that each individual has unique needs and has different expectations. At Blissful Retreat, we are focused on providing high-quality care and resident satisfaction.ö

Ms. Osman heads a related company, Blissful Interiors, LLC., that specializes in updating homes with equipment, like grab bars and ramps, to help senior age in place.

For further information, contact Sumaiya Osmun at 925.726.8888 (cell) or 925.332.7000 (office.) Email: <u>blissfulretreatllc@gmail.com</u>. <u>www.abretreat.com</u>

Calendar for April & Beyond

Meetings

Thurs., April 28, 7:00 pm. Clayton Business and Community Association (CBCA) monthly meeting. Oakhurst Country Club.

Wed., May 11, 10:00-2:00. Meeting of Bay Area Regional Association of Villages (BRAVO). *"Housing Options for Older Adults."* RSVP's, with box lunch option. Petaluma Village office, 402 Petaluma Blvd. North. Contact Anne Greenblatt (707)776-6055.

Friday, April 29th, 1-3 pm. CVV Events Meeting. Marsh Creek Cabana.

Events

April 8-23. Clayton Theatre Company presents the Neil Simon comedy, "Rumors." It is a hoot from start to finish, as a couple 10th anniversary party goes awry. The show is directed by La Tonya Watts, recent winner of Best Choreographer at the 2016 Shellie Awards. Endeavor Hall 6008 Center Street, Clayton.

Wednesday, April 13, 11:30 am-1:00 pm. Lunch 'n' Learn. "Spring Cleaning Workshop: Clear Clutter and Get Organized." Lunch provided. Byron Park, 1700 Tice Valley Blvd., Walnut Creek. Space is limited. CALL TO RSVP through Lafayette Senior Services by April 6: (925) 284-5050. Make sure to identify yourself as a member or friend of Lamorinda Village, Clayton Valley Village or Walnut Creek Village.

Tuesday, April 19, 4-6 pm. CVV Meet 'n' Greet Social Hour. Mannøs Chinese Cuisine, Dana Plaza Shopping Center, 4115 Concord Blvd., Concord.

Friday, April 22, 5:30-9:00 pm. Bingo Bash. Raffles & Prizes. \$30 at the door. Proceeds to support Clayton Valley Village. Oakmont/Montecito, 4756 Clayton Road, Concord. Information at (925) 672-2689 or (925) 672-2727.

Sat., April 23, 9:00 am -Noon. "Clayton Cleans Up." Meet at City Hall. T-Shirts & Barbecue provided. Sponsored by the *Clayton Pioneer*.

Sat., April 30, 10-7, Sun., May 1, 10-5. Clayton Art & Wine Festival, Downtown Clayton.

Tues., May 24. Day Trip to Weibel Vineyards in Lodi. Info and reservations at (925) 672-2689.

Wednesdays at 6:30 pm. CVV Bocce Team plays at Ipsen Center.





Villager Classifieds

Wanted: Apartment, Townhouse, or Home in or near Clayton

I am helping a client of mine who is a longstanding Clayton resident and active supporter of making Clayton a great place to live. My client has immediate need to rent a home, condo or townhome. She prefers 3 bedrooms, ideally in the Clayton area. Please contact me at (925) 322-430 if you or someone you know has something available now or very soon.

Thanks,

Christine Jeffers INTERO Real Estate CALBRE 01110911 <u>www.CJeffers.com</u> Bus: (925) 322-4300

Thank you to our CVV Sponsors...õ for generous donations of cash and in-kind services.

American Association of University Women, Clayton Chapter - Clayton Community Library Foundation - Clayton Pioneer ó Clayton Valley-Concord Sunrise Rotary - Compumail Printing ó Diablo Valley Foundation on Aging ó Diamond Terrace ó Stifel, Nicolaus & Co. - St. Demetrios Greek Orthodox Church - Anonymous 1, 2, 3, & 4.

