



# The Villager

A monthly publication of Clayton Valley Village

June 2017 Vol. 4 Issue 6

## CVV Represented at Village Day at the Capitol

Villages meet with their California Legislators in Sacramento

### Important:

Next Training Session for CVV Volunteers is Saturday, June 17. 10:00-11:30 am, Clayton Library. Learn to use our "Helpful Village" online volunteer assistance.

Help us help Rotary with the July 4<sup>th</sup> Pancake Breakfast - page 4

March with CVV in Clayton's July 4<sup>th</sup> parade. Assemble at 9:30 am, and wear your CVV shirt!



Sonja Wilkin and Carole Gardner represented CVV in Sacramento.

The Villager is sponsored by



## **Representatives from Bay-Area Villages spent a day in the Capitol spreading the word about Villages and their positive impact on communities.**

On May 18, representatives from Bay-Area Villages walked the halls of the Capitol visiting 20 legislators and staff, sharing information about the value of Villages as a piece of the Long-Term Care continuum. We were acknowledged from the floor of the Assembly by Assemblymember Chiu (center, below), and introduced on the Senate Floor by Senator Scott Wiener. For the majority of legislators, this was the first time they have heard of Villages and the work we do. ó from NextVillageSF



Chiu met with the group to give guidance on the legislative process, and suggestions for how to work effectively to secure funding. His suggestions included:

- Reach out to the State Aging Department and ask them to include funding in their budget proposal.
- Advocate with candidates that are running for Governor in 2018: Villiarogosa (LA), Garcetti (LA), Delaine Eastin (Davis); Steve Westley (Silicon Valley); Tom Steyer (Silicon Valley); Falconer (San Diego); Newsom (Marin); Hadley (Orange County); John Chang (Orange County), as well as legislators who are running for office, or up for re-election.
- Build broad support in both chambers by doing outreach to key legislators. These include chairs of committees and subcommittees who oversee policy and funding issues.

Attendees felt that they had learned a lot from being in the building and were impressed with how easy it was to meet with both elected officials and their staff. It was clear that elected officials at the state level need to hear from us about the benefits of having a Village in their district.

## July 4 is the annual Rotary Club Pancake Breakfast at Endeavor Hall

**Help us help Rotary with this super event!**

CVV is calling on our Members to help our good friends at the Clayton-Concord Sunrise Rotary in putting on the event. CVV and Rotary need assistance with setting up tables and chairs on Monday, July 3, and with serving pancakes and beverages on July 4, starting at 7:00 am. Afterward, we'll need help cleaning up and putting the chairs away.

Setup is at 9:00 am on July 3. Need 6 for setup, another 6 for breakdown. Also, 2-3 servers 7:00-10:00 am on July 4. The join the parade at 10:00 am. Setup crew should bring gloves.

It's all to help Rotary continue its fine work with the local community. And to feed all the local pancake-o-philes on Independence Day morning. It's the perfect way to get in the mood for the big Clayton 4<sup>th</sup> of July parade that starts at 10:00 am, right after the chairs are put away.

CVV Members worked on the event last year and really had fun. The pancakes were good, too!

### First we helped....



### ...And then, we marched



## Calendar for June-July

### Meetings

Saturday, June 17, 10:00-11:30 am. **Training Session for CVV Volunteers.** Session led by Leland Foster, the computer consultant with Walnut Creek Village. Clayton Community Library.

Thursday, June 29, **CBCA General Meeting** at Oakhurst Country Club. Registration 6:30 pm; Dinner and Meeting 7:00 pm

### Events

Sunday, June 18, 2:00 pm. **“Village Day” at Lafayette’s Town Hall Theatre.** Oscar Wilde’s *An Ideal Husband*. SPECIAL TICKET PRICE OF \$20 FOR VILLAGES! Call Box Office at (925) 283-1557 and ask to reserve tickets for the Village Day Group. Box Office phone hours: Tuesday ó Friday, 4:00 - 6:00 pm; Saturday, 2:00 - 4:00 pm To carpool, contact Sonja Wilkin 925-672-2689, [sonjawilkin@gmail.com](mailto:sonjawilkin@gmail.com)

Fri. June 23, 5:00 pm **Potluck on the Patio for CVV Members & Volunteers..**At Manning’s.

Monday-Tuesday, July 3- 4. **Volunteers needed for Set-up, Serving, Break-down for Rotary Club Pancake Breakfast.** Endeavor Hall, Clayton. (See page 3.)

Tuesday, July 4, 7:00-9:00 am ó **Pancake Breakfast** sponsored by Clayton-Concord Sunrise Rotary Club. Endeavor Hall, Clayton. Adults \$7, Children \$5.

Tuesday, July 4 ó **4<sup>th</sup> of July Parade,** Begins at 10:00 am. Downtown Clayton. **CVV Members are urged to march with our group. And wear your T-shirt!** New, royal blue T-shirts in various sizes are available for \$15-\$18. To order, contact Sonja Wilkin 925-672-2689, [sonjawilkin@gmail.com](mailto:sonjawilkin@gmail.com)

Tuesday, July 11, 4:00-6:00 pm. **CVV Board Meeting.** Diamond Terrace

Saturday, July 15th, 11:00 am- 6:00 pm. **Clayton BBQ Cookoff.** Downtown Clayton.

Thursday. July 20 ó **Lunch ‘n’ Learn.** **“From Family Feuds to Peaceful Partnerships: Conflict Resolution for the Challenges of Aging,”** Presented by Katharina W. Dress, MA, Founder, Aging in Harmony. Clayton Community Library, Hoyer Hall. FREE. (See page 6 for details.)

Saturdays. **Concerts In the Grove.** 6:00-8:30 pm. The Grove Park, Downtown Clayton. FREE.  
 June 24 ó Caravanserai ó Santana tribute band.  
 July 8 ó Diamond Dave ó a Clayton favorite. Back for the 10<sup>th</sup> season.  
 July 22 ó The Peelers ó favorite music from 70s, 80s, 90s, and today.

Every Saturday, 9:00 am ó 1:00 pm. **Farmers’ Market.** 6095 Main Street. Downtown Clayton. **Support Your Farmer’s Market ó We don’t want to lose it!**

## Calendar continued

### Beyond July...

Thursday, Sept. 21 ó **Lunch 'n' Learn.** TBD

Monday, Sept. 25 10:00 am. **Rescheduled webinar with Dr. Atul Gawande**, author of *Being Mortal*. Clayton Community Library, Hoyer Hall. FREE.

Sunday, Oct. 22, 5:00-9:00 pm. 4<sup>th</sup> Annual **Sunday Supper & Silent Auction.** La Veranda. Downtown Clayton.

November 6-8. **National Gathering of Villages**, Baltimore, MD. Early Bird Registration deadline is July 31.

Thursday, Nov. 16. **Annual Meeting of Clayton Valley Village.** All members are urged to attend. Time and place TBD.

### Monthly CVV Mixer for June

Meet the Team - Learn the Latest - Everyone Welcome

Tuesday, June 20, 4:00-6:00 pm.

### Ed's Mudville Grill

Outdoors on the Deck

6200 Center Street in Clayton

### Clayton Theatre Company announces Summer Stage program for kids ages 6-16!

We focus on musical theater in preparation for the summer musical.



**First Week – July 10th – 14th,  
Second Week – July 17th – 21st,  
Third Week – July 24th – 27th  
Monday – Friday from 10am-1pm**

#### Instructors:

La Tonya Watts, Artistic Director Clayton Theatre Company  
Roxanne Pardi, Managing Director Clayton Theatre Company

Endeavor Hall, 6008 Center Street in Clayton  
Information at (925)-222-9106

## You're Invited: Diablo Valley Villages Lunch 'N' Learn

**Thursday, July 20, 2017**

**11:30 AM - 1:00 PM**

From Family Feuds to Peaceful Partnerships:

Conflict Resolution for the Challenges of Aging

*Presented by Katharina W. Dress, MA, Founder, Aging in Harmony*

Clayton Community Library, 6125 Clayton Road, Clayton

BYO brown bag lunch. Cookies & beverages provided by CVV.

**Space is limited to 40.**

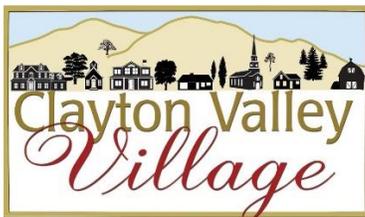
Are you and your family or clients struggling with plans for the later years of life? Tensions are a natural part of human interactions. As we age, all of us face difficult decisions that affect our loved ones and often bring up strong emotions. However, if we can talk about these challenges in a safe and respectful way, families can find solutions that allow them to work together harmoniously near the end of their Elders' lives.

This participatory presentation explores reasons why family dynamics can present major road blocks to effective planning for the later life stages, and how different conflict resolution processes can help families find solutions that bring peace of mind to everyone involved. Participants will learn about mediation and conflict coaching principles, techniques and goals, as well as possible participants and issues that can be addressed.

**KATHARINA W. DRESS, MA**, has been a Mediator for over 10 years and a Facilitator and Trainer for 30+ years. As founder of AGING IN HARMONY, she provides conflict resolution services to older adults and their families, caregivers and aging services providers throughout the San Francisco Bay Area and beyond ([www.aginginharmony.com](http://www.aginginharmony.com)).

**RSVP:** Call 925-626-0411 by Monday, July 17, at Noon, or until event is full. Please provide your name, phone number, and email address for registration and indicate if you wish to purchase a lunch.

This program is presented in collaboration by the Diablo Valley Villages:  
Clayton Valley, Lamorinda and Walnut Creek Villages



## In Memoriam – Bob Kain

June 2, 1947 . May 2, 2017

We lost a dear friend last month. Bob Kain was crucial to the establishment of Clayton Valley Village, a mentor and advisor. Bob was the Executive Director of Diablo Valley Foundation for the Aging. As such, he arranged for that organization to be the fiscal sponsor for CVV until we received our own 501c3 designation. But beyond the financial advice he provided, Bob showed that he liked us on a personal level. And we liked him. Many CVV members attended his memorial service at St. Bonaventure Church on May 12. Fittingly, the church was packed with Bob's family and myriad of friends, and the tributes spoken about him were many and heartfelt. Truly, he will be missed.

Ironically, Bob attended our CVV launch party on May 1, the day before he died. That afternoon, he was jovial, warm, and proud to see us get off the ground. We owe him a lot.

Below is a photo of Bob at our launch party on May 1. He was joking with CVV secretary Sue Manning. A great guy.



## CVV Executives, Board, and Committees

**President** ó Sonja Wilkin

**Secretary** ó Sue Manning

**Treasurer** ó Joanne Wasak

**Immediate Past President** ó Jim Whitfield

**Board Members** ó Gary Carr, Kathy Geddes, Maria Xiaris

**Committee Chairpersons** ó Gary Carr, Carol Hansen Grey, Nancy Hoffman, Gloria Utley, Joanne Vanis, Jim Whitfield, Sonja Wilkin, Marilyn Wollenweber

**Task Force Members** ó Betty Armes, Jeanne Boyd, Kathy Carr, Frank Fribley, Marilyn Hadley, Shirley Izard, Dee Jakel, Christine Jeffers, Arlene Lewendowski, Rita Pardella, Glendoris Sargent, Bonnie Slatkin

### Founding Members

Betty Armes, Jeanne Boyd, Kathy & Gary Carr, Kathleen Geddes, Shirley Groschwitz, Marlyne Hadley, Carol & Victor Hansen-Grey, Arlene D. Lewandowski, Susan & William Manning, Cindy & Gene Molander, Candy Negrete & Bob Duensing, Glendoris Sargent, Shirley & Larry Solen, Sonja Wilkin, Marilyn Wollenweber & Jim Whitfield, Gloria Utley, Joanne Vanis, Maria Xiaris.

**Thank you to our CVV Sponsors...õ for generous donations of cash and in-kind services.**

American Association of University Women, Clayton Chapter - Clayton Community Library Foundation - Clayton Pioneer ó Clayton Valley-Concord Sunrise Rotary - Compumail Printing ó Diablo Valley Foundation on Aging ó Diamond Terrace - Marsh Creek Park Villas ó Stifel, Nicolaus & Co. - St. Demetrios Greek Orthodox Church - Anonymous 1, 2, 3, & 4.

***The Villager*** is a free, electronic publication of Clayton Valley Village. Editor, Gary Carr, (925) 672-8717, [carrpool@pacbell.net](mailto:carrpool@pacbell.net).

Editor welcomes all submissions and reserves the right to include or edit all material. Other publications are welcome to reprint any material herein with proper attribution, unless otherwise specified. Clayton Valley Village is a 501c3 organization. Donations are tax-deductible. And welcome.

[www.claytonvalleyvillage.org](http://www.claytonvalleyvillage.org)

#### Questions or Comments about CVV ?

Jim Whitfield, [jimwhitfield64@gmail.com](mailto:jimwhitfield64@gmail.com)

Sonja Wilkin, [sonjawilkin@gmail.com](mailto:sonjawilkin@gmail.com)

Gary Carr, (925) 672-8717, [carrpool@pacbell.net](mailto:carrpool@pacbell.net)